



Benefits of an Employee Assistance Program (EAP)

EAPs are a proven, cost effective solution to many of the problems employers face today. Research shows that each dollar invested in an EAP saves employers \$5.00-\$16.00.

Troubled employees are at least 20% less productive than the average worker. In fact, a study published recently in the Journal of the American Medical Association estimated that the cost of lost productivity to only one disorder, major depression, is over \$31 billion annually. Another study by a research group at George Washington University Medical Center found that employers can save \$2 for every dollar they spend on screening patients for alcohol problems and referring them to treatment. Companies' return on investment for alcohol screening- 215 percent- was more favorable than investing in Blackberry wireless email devices (162 percent) and in the same ballpark as investing in heart-disease management programs (278 percent).

An EAP can benefit your organization in the following ways:

- Attract & retain employees
- Increase productivity
- Boost morale
- Prevent employee theft
- Enhance organizational health
- Prevent disability claims
- Reduce Absenteeism and Workplace Accidents

EAPs can reduce sick leave usage by 33%, work related accidents by 65%, workers' compensation claims by 30%, lost time by 40%, grievances by 50%, and time spent on supervisor reprimands by 74%.

Contact Meridian WorkLife today to find out how to develop an EAP for your workplace- 330-797-0074.